



21-DAY DEVOTION  
FAST AND CONSECRATION

*Drawing Near  
to God*



# 21-Days To Draw Near

**Dear Living Water Family,**

We are so grateful that you have chosen to commit to this sacred time of fasting, prayer, and consecration. This 21-day journey is an opportunity for us to draw closer to God, to deepen our faith, and to seek His guidance in every area of our lives.



As Jesus taught in Matthew 6:16-18, fasting is a spiritual discipline that should be undertaken with sincerity and humility:

“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.”

Our fast will go from **January 5th @6pm to January 26th, 2025** and we will break our fast together with communion during Sunday service. Our fast will consist of no meats or sweets, traditionally (referred to as “The Daniel Fast”). We will eat, fruits and vegetables, fruit juices, and plenty of water. If your medical condition does not permit you to change your diet, please listen to your doctor but choose something else to fast from, i.e. TV, social media, NETFLIX, etc. In addition to the fast, we will come together for **prayer each night @6pm via Zoom.**

As we unite in fasting and prayer, we trust that the Lord will meet us in powerful ways, transforming our hearts and minds. May this time be a season of spiritual renewal, growth, and breakthroughs. We thank you for your commitment to hear from God during these 21 days.

Together, we are believing for God's favor, strength, and wisdom as we draw near to Him. Let this journal serve as a tool for reflection, prayer, and spiritual growth.

Sincerely, with Love

**Pastor Eric L Allen**

**Lady Ellasin D Allen**

*Living Water Worship Center*



## Day 1: January 5th, 2025

*James 4:8 - "Draw near to God, and He will draw near to you."*

God desires a close and intimate relationship with us. Drawing near to Him requires intentionality—setting aside distractions and making space in our lives for His presence. The promise in this verse reminds us that when we make a move toward God, He responds with open arms, drawing closer to us in return.

### **Application:**

Today, identify one area of your life where you can make space for God. Whether it's setting aside more time for prayer, reading scripture, or quiet reflection, take a step to draw closer to Him. Remember, fasting is a way to quiet the noise of the world and tune into God's voice.

### **Reflection Questions:**

- What does it mean to draw near to God in my daily life?
- How can I intentionally seek God during this fasting period?
- In what areas of my life do I need God's presence the most right now?



# Day 2: January 6th, 2025

**Scripture: Psalm 42:1 - "As the deer pants for streams of water, so my soul pants for you, my God."**

This verse beautifully illustrates a longing for God, comparing it to a deer seeking water in a dry land. Just as water is essential for physical survival, God's presence is vital for our spiritual well-being. Fasting reminds us of our deep need for Him and strengthens our hunger for His Word and Spirit.

## **Application:**

As you fast today, reflect on how much you rely on God. Consider what distractions might be hindering you from fully pursuing Him. Use this time to rekindle your spiritual thirst and allow God to refresh your soul.

## **Reflection Questions:**

- In what ways can I cultivate a deeper thirst for God during this fast?
- What are some distractions that may prevent me from longing for God's presence?
- How can I overcome them?



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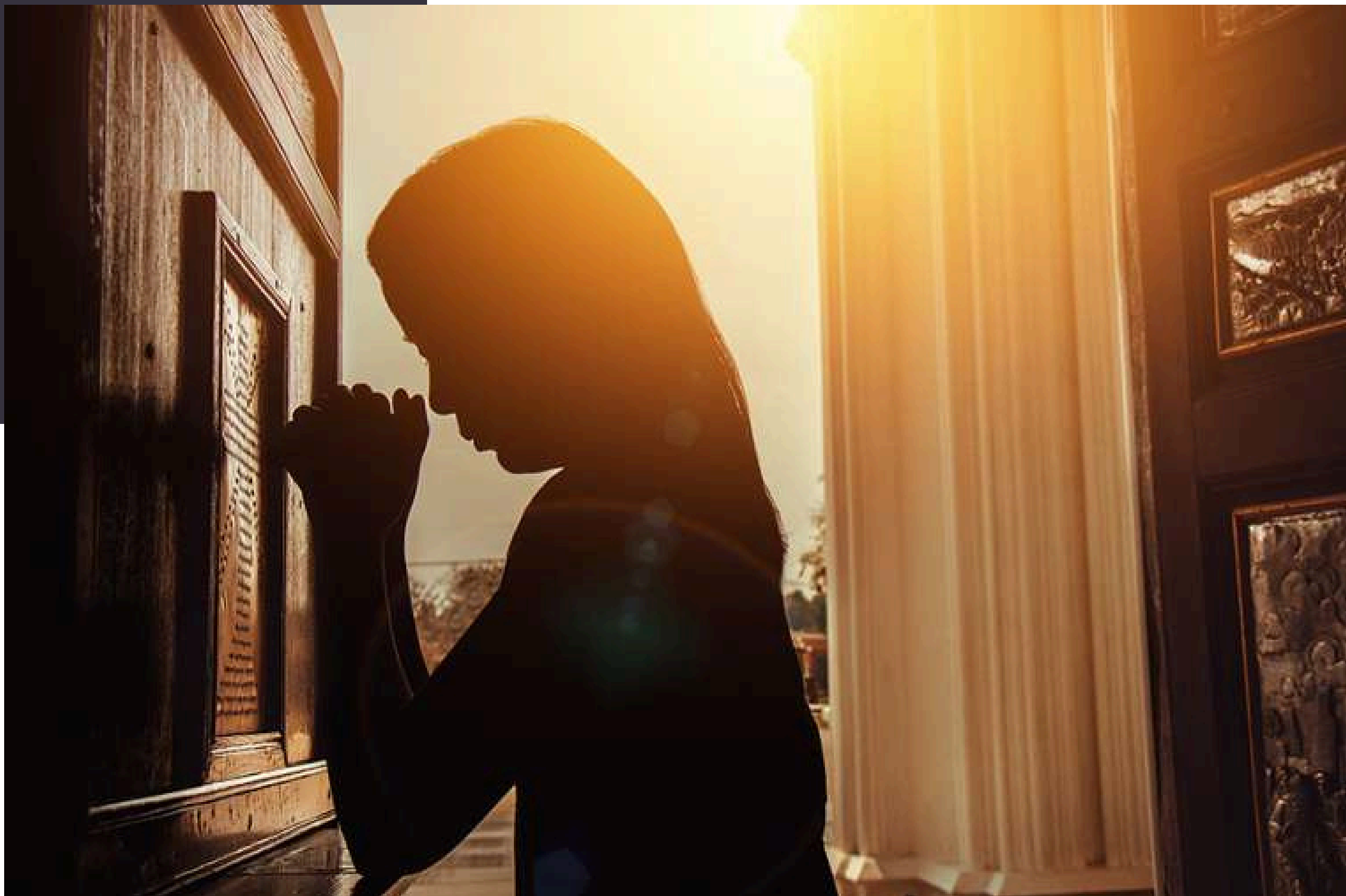
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## Day 3: January 7th, 2025

*Jeremiah 29:13 - "You will seek me and find me when you seek me with all your heart."*

God promises that those who seek Him wholeheartedly will find Him. This verse is a reminder to approach our relationship with God with sincerity and passion. A divided heart will not find the fullness of His presence, but when we surrender fully, we experience His closeness and guidance.

### **Application:**

Examine your heart today. Are there areas where you are holding back from God? Use this time of fasting to fully surrender your worries, plans, and desires to Him. Trust that He will reveal Himself to you as you seek Him without reservation.

### **Reflection Questions:**

- What does it mean to seek God with all my heart?
- How can I ensure my heart is fully surrendered to Him?
- What areas of my life need to be aligned with God's will?

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# Day 4: January 8th, 2025

***Matthew 6:33 – "But seek first His kingdom and His righteousness, and all these things will be given to you as well."***

Worldly possessions, authority, fame, and power are very enticing to a worldly minded person. But Jesus teaches us to prioritize God's kingdom above all else. When we put Him first, everything else falls into place. This verse challenges us to examine our priorities and reminds us that our needs are met when we align ourselves with God's purposes.

## **Application:**

Make a list of your current priorities. Are there areas where God is not first? Commit to seeking Him in your decisions, relationships, and daily habits. Trust Him to provide for your needs as you put Him at the center of your life.

## **Reflection Questions:**

- What does it mean to seek God's kingdom first?
- How can I prioritize God's will over my own desires?
- Are there any areas of my life where I have not yet fully surrendered to His will?







## Day 5: January 9th, 2025

*Isaiah 55:6 – "Seek the Lord while He may be found;  
call on Him while He is near."*

God's presence is always available to us now, but eventually this will no longer be the case. This verse emphasizes the urgency of seeking Him now, while "He may be found". Fasting creates a special opportunity to call on God and experience His Spirit close to you. Don't wait—press into God's presence and invite Him to move in your life.

### **Application:**

Today, when you pray and call on God, be specific about what you're seeking from Him, whether it's guidance, peace, or a breakthrough. Trust that He hears you and will respond to your prayers

### **Reflection Questions:**

- What can I do today to intentionally seek the Lord?
- How can I be more aware of God's nearness in my daily life?
- In what ways has God revealed Himself to me in the past?



# Day 6: January 10th, 2025

*Psalm 51:10 – "Create in me a pure heart, O God, and renew a steadfast spirit within me."*

David's prayer is a heartfelt plea for cleansing and renewal. Fasting provides a time to examine our hearts and allow God to purify us from sin and distractions. Sin prevents us from developing a deeper connection to God. David knew that repentance removes any barriers between you and the Lord. A steadfast spirit—one anchored in God—is cultivated through time spent in His presence.

## **Application:**

Pray for God to reveal any areas of your heart that need cleansing. Confess and release these to Him, trusting in His grace and forgiveness. Let this day be a fresh start in your journey with God.

## **Reflection Questions:**

- What areas of my heart need to be purified today?
- How can I remain steadfast in my relationship with God?
- What steps can I take to walk in purity and righteousness?



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## Day 7: January 11th, 2025

***Proverbs 3:5-6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."***

One of our biggest obstacles in our relationship with the Lord is our inability to trust God with everything in our lives. Trusting God requires surrendering our own plans and understanding. Too often we try to make our plans apart of God's will instead allowing God's will to dictate the plans we make. When we submit to Him, He directs our paths and aligns them with His divine purpose. Fasting reminds us to depend on God, even when we don't have all the answers.

### **Application:**

Today, reflect on areas where you've been relying on your own understanding. Surrender these to God and trust Him to lead you. Pray for His wisdom and direction as you continue this fast.

### **Reflection Questions:**

- What areas of my life do I need to trust God with more fully?
- How can I submit my plans and desires to God's will?
- Where have I seen God's faithfulness in directing my paths?





## Day 8: January 12th, 2025

***Matthew 5:6 – "Blessed are those who hunger and thirst for righteousness, for they will be filled."***

This comes from Jesus' sermon on the mount and is often referred to as, *"The Beatitudes."* This beatitude reminds us that our spiritual hunger and thirst will not go unmet. God promises to satisfy those who seek Him and strive for righteousness. God knows our heart and He definitely knows when we are being sincere with our devotion. When you seek God with a true heartfelt desire to live a righteous life in Christ, you are actively cultivating a deeper desire for His presence and a life aligned with His will.

### **Application:**

Reflect on what it means to hunger for God's righteousness. Take time to evaluate your actions and attitudes—are they reflecting His character? Seek to embody Christlikeness in all you do.

### **Reflection Questions:**

- How am I demonstrating a hunger and thirst for righteousness?
- Are there areas in my life where I need to grow in righteousness?
- How can I trust God to fill me as I seek Him earnestly?







## Day 9: January 13th, 2025

***Isaiah 40:31 – "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."***

Life in general can become physically and spiritually draining, but when you throw in hardships, the loss of loved ones, sickness and we are with another level of weariness. A weariness that makes one ready to give up fighting and give in to the depression, anxiety and sadness. However, this verse reminds us that God renews our strength when we place our hope in Him. Like eagles soaring high, we are lifted above our challenges when we rely on His power instead of our own.

### **Application:**

As you continue fasting, lean into God's strength rather than your own. Meditate on His promises and trust Him to carry you through difficult moments. Let this time renew your spirit and fuel your perseverance.

### **Reflection Questions:**

- What does it mean to wait on the Lord in my current circumstances?
- How have I experienced God's strength renewing me in the past?
- What areas of my life need an infusion of God's strength today?

**Notes:**

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# Day 10: January 14th, 2025

*Philippians 4:6-7 – "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."*

Fasting is a time to release our anxieties and entrust them to God. When we bring our requests to Him with gratitude, He grants us a peace that is beyond human comprehension. This peace guards our hearts and minds, keeping us rooted in Christ.

## **Application:**

Write down any worries or concerns you're carrying. Present them to God in prayer, and thank Him for His faithfulness. Trust that His peace will fill your heart and mind as you surrender your anxieties to Him.

## **Reflection Questions:**

- What am I anxious about today?
- How can I bring my concerns to God with a heart of thanksgiving?
- In what ways have I experienced God's peace during this fast?



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## Day 11: January 15th, 2025

***Romans 12:1 – "Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."***

Fasting is a powerful way to offer ourselves as living sacrifices to God. It's not just about what we give up, but about surrendering our entire lives to His will. Fasting creates a posture in which the believer is willing to accept God's plan for their life by willingly give up their way for His. This is what it means to give your life to Him. True worship involves more than just words; it's a lifestyle that honors God with every aspect of who we are.

### **Application:**

Today, reflect on what it means to offer your body as a living sacrifice. How can you live out your worship through your actions, thoughts, and choices? Use this time to present yourself to God, fully surrendered.

### **Reflection Questions:**

- How can I offer my body and life as a living sacrifice to God?
- What areas of my life need to be surrendered to His will?
- How can I live a life of true worship every day?

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# Day 12: January 16th, 2025

*Psalm 34:8 – "Taste and see that the Lord is good; blessed is the one who takes refuge in Him."*

We all have experienced biting into a delicious fruit and remarking how great it tasted. It is the taste that creates a craving for the fruit at a later time. God invites us to experience His goodness, not just as an idea but as a tangible reality in our lives. As we fast, we create space to taste and see His goodness, allowing Him to refresh our spirits and fill us with His presence. This creates a spiritual craving that leads you to seek and experience (taste) God's presence.

## **Application:**

Take time today to meditate on God's goodness. Reflect on the blessings in your life and the ways He has been faithful to you. Allow your fast to deepen your awareness of His goodness and love.

## **Reflection Questions:**

- How have I experienced God's goodness in my life?
- In what ways can I "taste and see" His goodness today?
- How can I take refuge in God more fully during this fast?







# LOVE the OF CHRIST

## Day 13: January 17th, 2025

***Colossians 3:16 - "Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts."***

The message of Christ should be the center of our lives. As we fill our hearts and minds with His Word, we begin to reflect His wisdom and love in our relationships and actions. Drawing near to God can create space for His message to dwell richly within us, transforming how we live and interact with others.

### **Application:**

Today, focus on making space for God's Word in your life. Whether through reading, listening, or memorizing Scripture, let His message fill you. Post on social media, send a text message, but share the joy of His truth with others, and let it inspire your gratitude and worship.

### **Reflection Questions:**

- How can I allow the message of Christ to dwell richly in my life?
- What Scripture or song can I meditate on today?
- How can I encourage others with the message of Christ?



# Day 14: January 18th, 2025

*Hebrews 12:1-2 – "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith."*

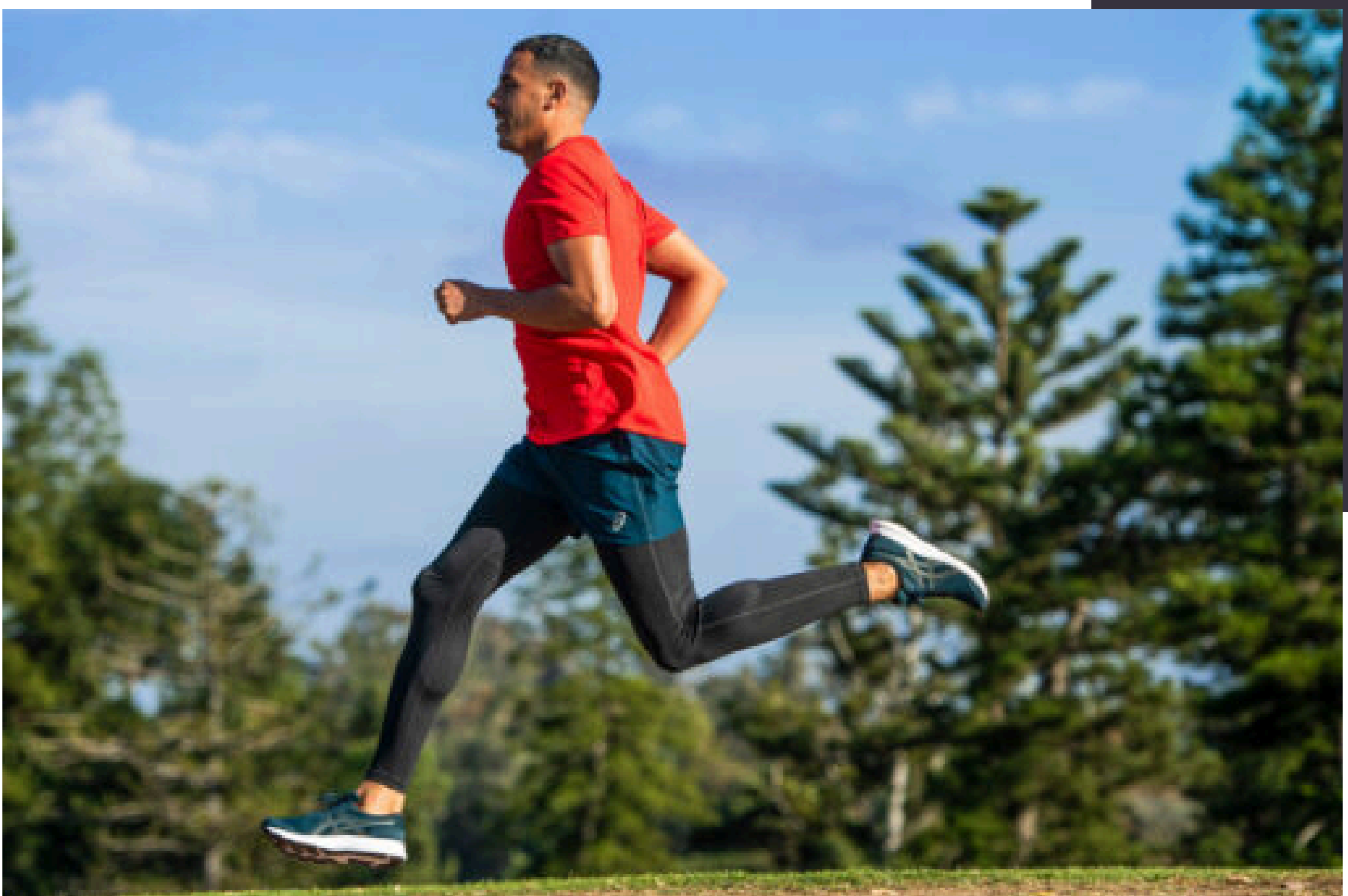
Fasting helps us remove distractions and sins that hinder our spiritual growth. Just as a runner sheds excess weight to run more efficiently, we are called to lay aside anything that holds us back from fully pursuing Christ. The key to perseverance in our faith journey is to keep our eyes fixed on Jesus, who empowers and perfects our faith.

## **Application:**

Reflect on anything in your life that may be hindering your spiritual progress. Whether it's sin, distractions, or unhealthy habits, use this time to lay them aside and focus on Jesus. Trust that He will strengthen you to run your race with perseverance.

## **Reflection Questions:**

- What distractions or sins do I need to lay aside during this fast?
- How can I keep my eyes fixed on Jesus in the midst of life's challenges?
- What steps can I take today to run the race with perseverance?



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## Day 15: January 19th, 2025

*Scripture: Psalm 46:10 – "Be still, and know that I am God."*

In our busy lives, it's easy to become distracted and overwhelmed. If not careful **B.U.S.Y** can mean **Being Under Satan's Yoke**. We can let the devil trick us into being so busy with good things, that we neglect the most important things such as devotion, prayer and time with our family. Fasting provides an opportunity to pause, be still, and reflect on God's sovereignty. This stillness invites us to trust in His perfect plan and to recognize His presence in our lives, even in the midst of chaos.

### **Application:**

Set aside a quiet moment today to simply be still before God. Let go of your to-do list and busyness, and just sit in His presence. Allow Him to remind you of His sovereignty and love and rest in the promises in His word.

### **Reflection Questions:**

- What distractions do I need to release to be still before God?
- How can I be more intentional about making time for stillness in my daily life?
- What does it mean to truly know that God is in control?





# Day 16: January 20th, 2025

***2 Corinthians 12:9 – "But He said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."***

We all have weaknesses and limitations that can make us feel inadequate as a believer, and ill-equipped for ministry. However, these moments of weakness, are opportunities to experience God's grace in a profound way. His grace is sufficient, even in our frailty, and it's in our weakness that His power shines most brightly. We don't have to rely on our own strength—God's grace empowers us. God's grace covers us as we mature in Christ.

## **Application:**

Embrace your weakness today and allow God's grace to cover you. When you feel weak, turn to Him for strength. Let His power be made perfect in your vulnerability.

## **Reflection Questions:**

- What weaknesses have been exposed during this fast?
- How can I rely more fully on God's grace in my life?
- In what ways have I experienced God's power in my weakness?







## Day 17: January 21st, 2025

*John 14:13-14 - "And I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name, and I will do it."*

It is easy to get discouraged in prayer, sometimes we do not believe the prayer will be heard or answered. We are privileged through the salvation of Christ to have a connection with God that positions us to ask boldly in faith. Jesus assures us that when we ask in His name, according to His will, He will answer. This promise invites us to approach God with confidence and holy boldness trust that He will respond to our prayers.

### **Application:**

Today, take time to bring your requests before God. Ask boldly in the name of Jesus, trusting that He hears and will respond according to His will. Use this time to align your heart with His purposes.

### **Reflection Questions:**

- What prayers do I need to bring before God today?
- How can I ask in faith, trusting God to answer?
- In what areas of my life do I need to align my desires with God's will?



# Day 18: January 22nd, 2025

***1 Thessalonians 5:16-18 – "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."***

We must intentionally change the way we face each day. No matter the circumstance we are to exhibit a consistent response to every situation. Fasting teaches us to focus on God, and it also reminds us to live with a heart of gratitude. No matter our circumstances, we are called to rejoice, pray, and give thanks. This attitude shifts our perspective and keeps us aligned with God's will.

## **Application:**

Practice gratitude today, no matter what your circumstances may be. Spend time in prayer, offering thanks to God for His faithfulness, provision, and presence.

## **Reflection Questions:**

- How can I cultivate a heart of gratitude during this fast?
- What are some specific things I can thank God for today?
- How does gratitude shift my perspective and draw me closer to God?



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# Love of God

## Day 19: January 23rd, 2025

***Ephesians 3:16-19 – "I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God."***

This powerful prayer by Paul emphasizes the deep, immeasurable love of Christ that is meant to dwell in our hearts. Fasting strengthens our inner being and positions us to experience His love in profound ways. The more we understand His love, the more we are filled with His fullness.

### **Application:**

Spend time today reflecting on the vastness of God's love for you. Let His love fill you and strengthen you. Pray for deeper insight into His love and how you can share it with others.

### **Reflection Questions:**

- How can I grasp the depth of Christ's love for me?
- What areas of my life need to be filled with God's love today?
- How can I demonstrate God's love to others during this fast?





## Day 20: January 24th, 2025

*Galatians 5:22-23 – "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law."*

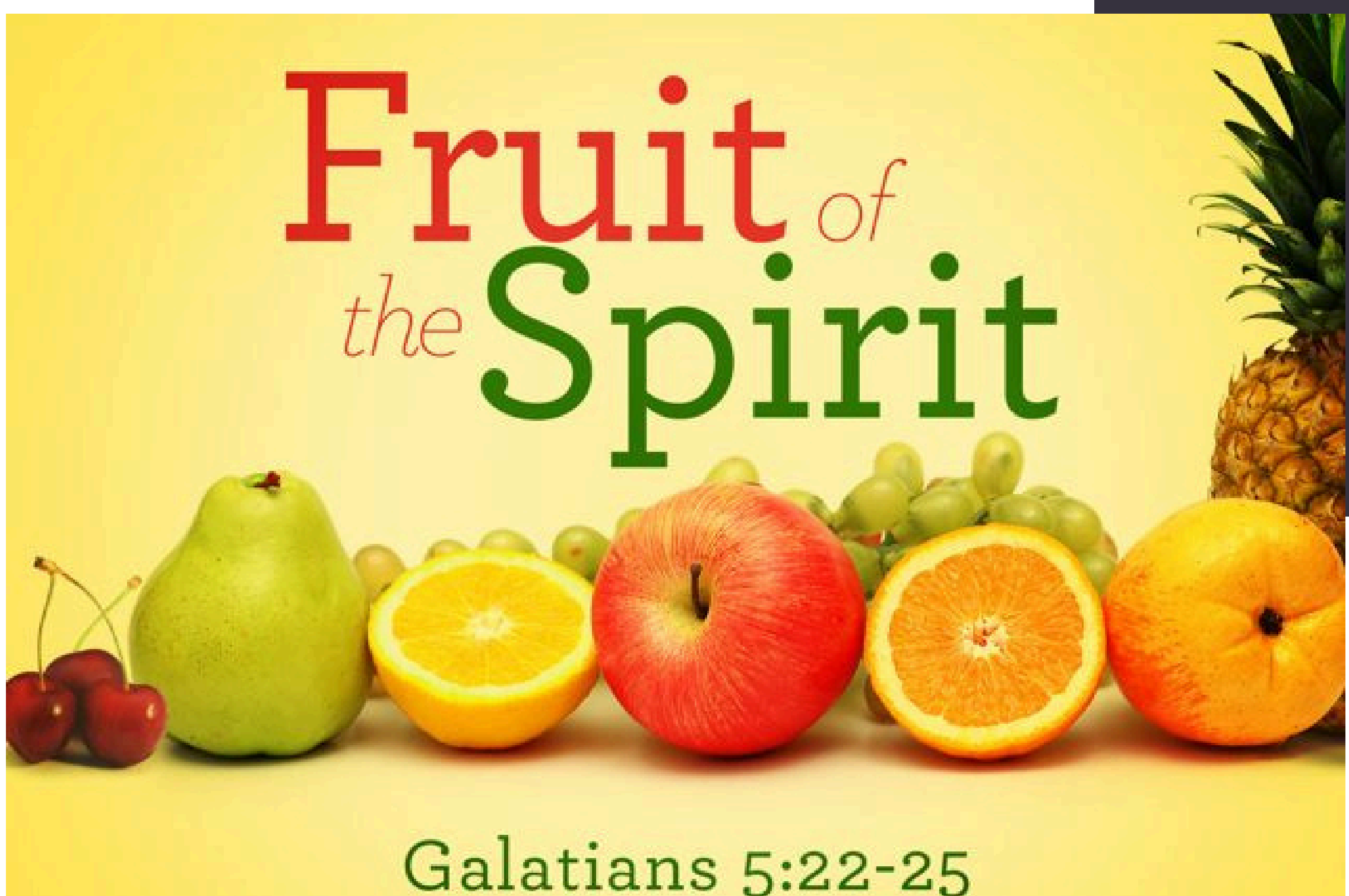
Fasting is not only about what we give up, but about what we allow the Holy Spirit to cultivate in us. As we make space for God, the fruit of the Spirit is meant to grow within us. These qualities reflect the character of Christ and are evidence of His transforming work in our lives. During this fast, focus on how God is developing these fruits in you, and how they can shape your interactions with others.

### **Application:**

Reflect on the fruit of the Spirit in your life. Are there specific qualities you want to cultivate more? Spend time praying for growth in these areas and ask the Holy Spirit to help you live out these virtues in your daily life, especially in your relationships.

### **Reflection Questions:**

- Which fruit of the Spirit do I see most evident in my life right now?
- Which fruit do I feel God is calling me to grow in during this fast?
- How can I demonstrate the fruit of the Spirit more fully in my interactions with others?







# RENEW your mind Romans 12:2

## Day 21: January 25th, 2025

***Romans 12:2 – "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing, and perfect will."***

The final day of this fast invites us to consider the transformation that has occurred in our minds and hearts. Fasting brings clarity, allowing us to remove distractions and hear God's voice more clearly. The process of being transformed by the renewing of our minds is ongoing, but it begins with a decision to no longer conform to the world's patterns. God's will is perfect, and as we seek Him, He reveals the path we are meant to follow.

**Application:** Reflect on how your mind and heart have been renewed during this fast. Take note of any changes in your thinking, your desires, and your actions. Ask God to continue His transformative work in you beyond this time of fasting, aligning you more closely with His perfect will.

### **Reflection Questions:**

- How has God renewed my mind during this fast?
- What areas of my life still need transformation?
- How can I continue to align my life with God's good and perfect will after this fast



